A ROADMAP FOR THE FUTURE

FIRST NATIONS GATHERING

WHAT IS THE LIFE COURSE CENTRE AND THE ROADMAP?

OUR APPROACH

FIRST NATIONS **EMBEDDED THROUGHOUT** THE ROADMAP

NOT JUST A CHAPTER!

WE LOOK AT **PEOPLE** IN THEIR **CONTEXT**

HOW THEIR **PAST** SHAPES THEIR **PRESENT**

WHAT IS THE LIFE COURSE CENTRE?

WE USE **DATA**

TO **UNDERSTAND PERSISTENT DISADVANTAGE**

THE ROADMAP

Future FOCUSED

Action ORIENTED

PUBLICATIONS & ONLINE

- FIRST NATIONS LIFE COURSES
- DATA FOR POLICY
- CAPACITY
- KNOWLEDGE FOR ALL

ENVIRONMENT

EMPLOYMENT

EDUCATION

CIRCUM-STANCES

EXPERIENCES

DIFFERENCES

CHOICES

PLACES

OPPORTUNITIES

PEOPLE

CYCLE of DISADVANTAGE

SUPPORT & ACCESS

IN 2018... WE HAD NO FIRST NATIONS CHIEF INVESTIGATOR, OR DEDICATED FUNDING/ RESEARCH

"DISADVANTAGED" is YOUR WORD, NOT OURS

MAINSTREAM RESEARCH is **DISADVANTAGED** BY NOT SEEING OUR **STRENGTHS**

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OPENING YARN PT 1

We're here to help you do this work the SAFE way and the RIGHT way.

ABOUT us, BY US, & NOT WITHOUT US

My mother said, "STAND your GROUND, NO MATTER WHERE YOU ARE, and WHAT SITUATION YOU'RE IN."

OUR SYSTEM is about SHARING & LOOKING AFTER EACH OTHER...

Capitalism is NOT like this!

It's s**t there's so much emphasis on qualifications...

WE'RE ALL PROFESSORS of LIFE

"EVIDENCE": We know what's in OUR COMMUNITIES

PEOPLE & PLACE:

When we lived in the bush, we had CULTURE, SHARING and no MENTAL HEALTH issues.

I became DISADVANTAGED when we moved to town.

Whitefellas always want you to SAY THINGS,

but never how YOU WANT TO SAY IT.

In their world we always have to COMPETE - just be sure to put OUR BRAND on these things.

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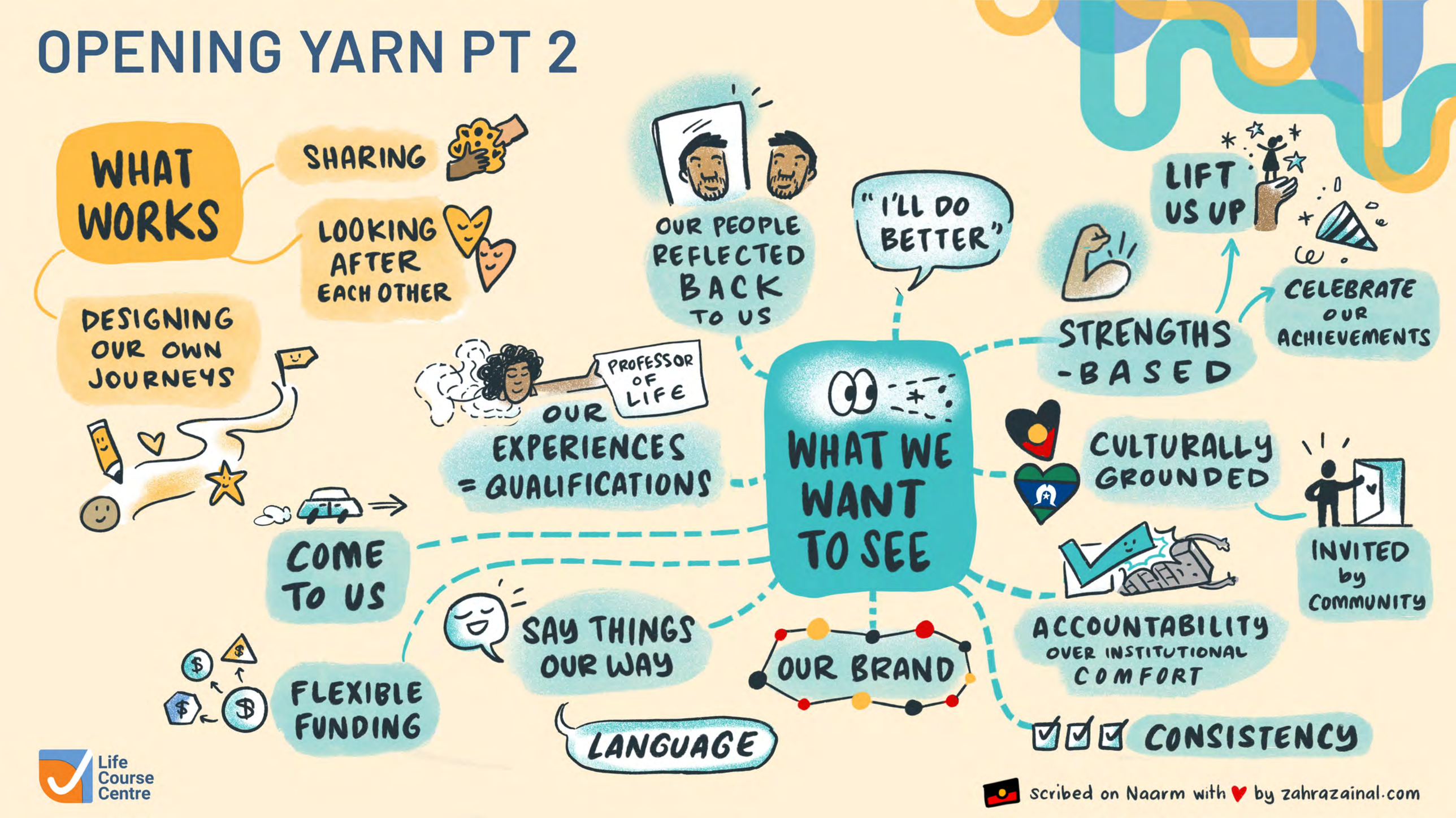
OPENING YARN PT 2



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KEYNOTE

CAROLINE MARTIN, CoE INDIGENOUS FUTURES

My PURPOSE: ENSURING OUR GRANDKIDS DON'T HAVE TO COMPETE IN SYSTEMS THAT ERASE OUR IDENTITY

LOUISA BRIGGS ...
my Grandmother's Grandmother
Permission sought from N'arwe'et

EVIDENCE of SOVEREIGN ENDURANCE

KIDNAPPED, TRAFFICKED, DISPLACED ... BUT NEVER GAVE UP HER AUTHORITY

TRUTH IS SOFTENED IN SYSTEMS THAT REWARD ...

PALATABILITY

(IN) PALATABLE ERASURE

ACTION, NOT ACCOUNTABILITY

INSTITUTIONAL COMPLICITY

MIMICRY

APPEARANCE OF RECONCILIATION

NAME IT ... & REFUSE IT!

IDENTITY FRAUD IS RAMPANT

HEALING REQUIRES Truth & Accountability ... NOT INSTITUTIONAL COMFORT

RESISTING NOT RESILIENT

CONSTANTLY ASKED TO PROVE OUR CULTURE

NO VERIFICATION FRAMEWORKS

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LIFE COURSE CENTRE RESEARCH

N'ARWEE'T CAROLYN BRIGGS & ALISON SOUTAR

YULENDJ WURRUNG PROJECT

INTENSIVE LANGUAGE RESEARCH

BOON-WURRUNG

SOURCES:
- NOTE BOOKS
- WORD LISTS
- BIBLE TRANSLATIONS

WEMBA WEMBA

SOURCES:
- AUDIO RECORDINGS
- FIELD NOTES

AUSTRALIA HAS 300+ INDIGENOUS LANGUAGES & THE HIGHEST RATE OF LANGUAGE LOSS

RE CON STRUC TION

LANGUAGE IN USE

COMMUNITY WORKSHOPS FUNDED PARTICIPATION

SHARING & PLANNING

NATALIE McLEOD

PROJECTS

1. LANGUAGE REVIVAL

2. DISPOSSESSION

WHAT IT LOOKS & FEELS LIKE FOR US

OPEN & HONEST CONVERSATIONS

KEEPING OUR STORIES & DATA SAFE

PASSIONATE ABOUT OUR COUNTRY, PEOPLE & HISTORY

DURE (SAMEEN) JABRAN

STRENGTHENING SLEEP HEALTH CARE FOR FIRST NATIONS YOUNG PPL

GOOD SLEEP IS FOUNDATIONAL TO WELLBEING & HEALTH

GUIDED BY THE INALA JURY

FOCUS ON 12-18 YEARS

YARNING CIRCLES WITH 16 FN PARTICIPANTS GAVE US A RICH PICTURE

TYPICAL SLEEP ADVICE DOESN'T REFLECT COMMUNITY NEEDS

IT MUST BE STRENGTHS-BASED & CULTURALLY GROUNDED

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LIFE COURSE CENTRE RESEARCH

zzz...
If we don't SLEEP WELL...

We don't DREAM WELL...

We LOSE CULTURE.

ROSLYN VON SENDEN

LET'S YARN ABOUT SLEEP (LYAS)

- CO-DESIGNED RESOURCES
- EMPOWERING COMMUNITY AS PEER RESEARCHERS
- ETHICAL PARTNERSHIPS

PRACTICAL, ACTIONABLE, RESPECTFUL

- INVITED INTO COMMUNITY
- DUE PROCESS
  - ABORIGINAL COUNCILS
- NOT "ONE-OFF" WORK
  - WORKSHOPS
  - FEEDING BACK DATA
  - TRAINING

FOLLOWING COMMUNITY TIMELINES ENSURES *alignment*

- "WE COME TO YOU"
- CONSISTENT
- YOUTH COUNCIL
- PAID ROLES

UQ POCHE LIFE COURSE TEAM

FIRST NATIONS HEALTH RESEARCH

- RHEUMATIC HEART DISEASE
- TYPE 2 DIABETES
- ASTHMA MANAGEMENT
- EMPOWERING FIRST NATIONS IN MATERNAL HEALTHCARE

GROWING STRONG (TOBACCO, NICOTINE CANNABIS & LITERACY)

SUCCESS REQUIRES:

- FLEXIBLE TIMELINES
- CONSISTENCY, TIME INVESTED IN COMMUNITY
- COMMUNITY-FOCUS: ENGAGEMENT, NEEDS & CONSISTENCY

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REFLECTIVE YARN

OUR PEOPLE STRUGGLE TO GET

CLEAN WATER

ENERGY

APPROPRIATE HOUSING

- DESIGNED FOR KINSHIP & REMOTE LIVING

WE ARE REFUGEES ON OUR OWN COUNTRY, IMMIGRANTS ON OUR OWN LAND.

MINING

MINING TOWNS ARE BUILT & RESOURCED OVERNIGHT...

COLONIAL WASTELANDS

USELESS AGREEMENTS WITH TRADITIONAL OWNERS

EXPORTING ORE

FAMILIES

ENVIRONMENT

OUR LIVES, DISRUPTED

HEALTH

FOOD SECURITY

Elevate OUR SENIOR KNOWLEDGE HOLDERS AND TRADITIONAL CULTURAL SCIENTISTS

OUR SYSTEMS OF KNOWLEDGE RECOGNITION

WE HAVE THE MONOPOLY ON DISEASES ... EVERYONE WANTS TO STUDY ABORIGINAL HEALTH

HAVE INTER-GENERATIONAL PLANS

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LISTEN HEAR SEE

SLOW DOWN...

LOOK AT WHAT'S RIGHT IN FRONT OF US

TAKE IT IN.

DON'T RESPOND RIGHT AWAY.

TO STOP INTERGENERATIONAL HARM... WE NEED TO **HEAL** FIRST

Cultural IMMERSION...

KNOW WHAT OUR MOB FEEL.

THE LITTLE THINGS... MATTER

A CUPPA & A YARN

LANGUAGE

"REMOTE"

- OUT OF SIGHT
- OUT OF MIND
- TOO EXPENSIVE

"HOME LAND"

- OUR HOMES
- OUR LANDS
- OUR COMMUNITIES

UNDER-SERVED LOCATIONS STILL CONTAIN RICHNESS & STRENGTH of COMMUNITY

THE HEALTH SYSTEM HAS FAILED OUR PEOPLE.

LEVERAGE RESEARCH FUNDS FOR { TANGIBLE, LASTING OUTCOMES } FOR COMMUNITY

- STRUCTURES
- HEALTH
- SKILLS

BUILDING CAPACITY IN ONE OR TWO COMMUNITY MEMBERS MAKES A HUGE IMPACT

CLIMATE CHANGE IMPACTS OUR

- SENSE OF PLACE
- PHYSICAL & EMOTIONAL HEALTH

SHOW OUR *Excellence* IN EVERY FIELD

multiple pathways →

ACTION ITEMS

- [ ] PERTH
- [ ] WRITING GROUP
- [ ] SHARE VISUALS

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