

WORKING PAPER SERIES

No. 2025-06 March 2025

Change in Dental Visits among Eligible Children under the Impact of the Child Dental Benefits Schedule in Australia

Lan Nguyen
Luke B. Connelly
Stephen Birch
Ha Trong Nguyen







The Australian Research Council Centre of Excellence









Research Summary

Why was the research done?

This study aimed to evaluate the impact of the Child Dental Benefits Schedule (CDBS) on dental visits among eligible children and adolescents in Australia.

What were the key findings?

The study analysed the data set from the birth cohort (B cohort) in the Longitudinal Study of Australian Children (LSAC). A difference-in-differences analysis was used to examine 22,985 observations in the period 2008-2018. The analyses showed that the CDBS policy had a statistically significant and positive impact on dental visits among eligible children and adolescents. There was a 6.1-6.4 percentage point increase (p-value < 0.001) in dental visits across different specifications after the introduction of the CDBS policy.

What does this mean for policy and practice?

The removal of financial barriers was beneficial to improve dental visits, however, the target group still faces the other remaining barriers, especially those related to inequalities in the social determinants of health, impeding the uptake of free dental services.



Citation

Nguyen, L., Connelly, L.B., Birch, S., & Nguyen, H.T. (2025). 'Change in Dental Visits among Eligible Children under the Impact of the Child Dental Benefits Schedule in Australia', Life Course Centre Working Paper Series, 2025-06. Institute for Social Science Research, The University of Queensland.

The authors

Lan Nguyen

Centre for the Business and Economics of Health, The University of Queensland Email: lan.nguyen@ug.edu.au

Luke B. Connelly

Centre for the Business and Economics of Health, The University of Queensland Department of Sociology and Business Law, The University of Bologna Email: l.connelly@ug.edu.au

Stephen Birch

Centre for the Business and Economics of Health, The University of Queensland Centre for Health Economics, University of Manchester Centre for Health Economics and Policy Analysis, McMaster University Email: stephen.birch@uq.edu.au

Ha Trong Nguyen

The Kids Research Institute Australia
Centre for Child Health Research, The University of Western Australia
Email: Ha.Nguyen@thekids.org.au

Acknowledgements/Funding Sources

We are grateful to the Editor and the two anonymous reviewers of Community Dentistry and Oral Epidemiology for their valuable comments and suggestions. Funding: This work was supported by the Australian Research Council Discovery Project [Project ID: DP200103049]. Ha Nguyen's research was partially supported by the Australian Government through the Australian Research Council's Centre of Excellence for Children and Families over the Life Course [Project ID CE200100025]. This study uses data from Growing Up in Australia, the Longitudinal Study of Australian Children (LSAC). The LSAC is conducted in partnership between the Department of Families, Housing, Community Services, and Indigenous Affairs (FaHCSIA), the Australian



Institute of Family Studies (AIFS) and the Australian Bureau of Statistics (ABS). The findings and views reported in this paper are those of the authors and should not be attributed to FaHCSIA, AIFS or the ABS.

DISCLAIMER: The content of this Working Paper does not necessarily reflect the views and opinions of the Life Course Centre. Responsibility for any information and views expressed in this Working Paper lies entirely with the author(s).

This work is licensed under a Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International License.



We acknowledge the Traditional Custodians of the lands on which we work and live across Australia.

We pay our respects to Elders past and present and recognise their continued connections to land, sea and community.

Change in Dental Visits among Eligible Children under the Impact of the Child Dental Benefits Schedule in Australia

Lan Nguyen¹, Luke B. Connelly*,1,2</sup>, Stephen Birch^{1,3,4} & Ha Trong Nguyen^{5,6}

This study aimed to evaluate the impact of the Child Dental Benefits Schedule (CDBS) on dental visits among eligible children and adolescents in Australia. The study analysed the data set from the birth cohort (B cohort) in the Longitudinal Study of Australian Children (LSAC). A difference-in-differences analysis was used to examine 22,985 observations in the period 2008-2018. The analyses showed that the CDBS policy had a statistically significant and positive impact on dental visits among eligible children and adolescents. There was a 6.1-6.4 percentage point increase (p-value < 0.001) in dental visits across different specifications after the introduction of the CDBS policy. The removal of financial barriers was beneficial to improve dental visits, however, the target group still faces the other remaining barriers, especially those related to inequalities in the social determinants of health, impeding the uptake of free dental services.

Keywords: Dental Care, Government Programs, Children, Adolescents, Longitudinal Studies.

JEL classifications: H43; I14; I18; J13

Address for Correspondence: Luke B. Connelly. Email: l.connelly@uq.edu.au

Level 5, Sir Llew Edwards Building (No.14), Centre for the Business and Economics of Health, University of Queensland, St. Lucia, Queensland, 4072, Australia.

Acknowledgements: We are grateful to the Editor and the two anonymous reviewers of Community Dentistry and Oral Epidemiology for their valuable comments and suggestions. Funding: This work was supported by the Australian Research Council Discovery Project [Project ID: DP200103049]. Ha Nguyen's research was partially supported by the Australian Government through the Australian Research Council's Centre of Excellence for Children and Families over the Life Course [Project ID CE200100025].

This study uses data from Growing Up in Australia, the Longitudinal Study of Australian Children (LSAC). The LSAC is conducted in partnership between the Department of Families, Housing, Community Services, and Indigenous Affairs (FaHCSIA), the Australian Institute of Family Studies (AIFS) and the Australian Bureau of Statistics (ABS). The findings and views reported in this paper are those of the authors and should not be attributed to FaHCSIA, AIFS or the ABS.

^{1.} Centre for the Business and Economics of Health, The University of Queensland, Brisbane, Australia

^{2.} Department of Sociology and Business Law, The University of Bologna, Bologna, Italy

^{3.} Centre for Health Economics, University of Manchester, UK

^{4.} Centre for Health Economics and Policy Analysis, McMaster University, Canada

^{5.} The Kids Research Institute Australia, Perth, Australia

^{6.} Centre for Child Health Research, The University of Western Australia, Perth, Australia

1. INTRODUCTION

In Australia, despite some improvements, child oral health remains a significant population health problem in the 21st century, with more than 30% of children aged 5-6 years and nearly 40% of children aged 12-14 years experiencing dental caries in the deciduous and permanent dentition, respectively (G Do & John Spencer, 2016). Dental caries is one of the leading causes of the burden of disease among children aged 5–14, following asthma and mental health disorders (AIHW, 2022).

To support access to dental services for children and adolescents from low-income families and to limit the impact of children's poor oral health, the Australian Government introduced a means-tested dental care policy named Child Dental Benefits Schedule (CDBS) in 2014 to cover part or all the cost of some dental services for eligible children aged 0-17 years (aged 2-17 years before the year 2022). The CDBS provides up to \$1,052 in benefits (the benefit cap, indexed annually) over a relevant two calendar year period for dental services in a public or private setting, including examinations, x-rays, cleaning, fissure sealing, fillings, root canals, extractions, and partial dentures but the benefits are not available for orthodontic, cosmetic dental work or any services provided in a hospital. A child is eligible if their family receives a relevant Australian government payment at any point in the calendar year. Most eligible children satisfy the means test because their family receives Family Tax Benefit Part A. Services Australia assesses the eligibility and sends out a notification letter to eligible families More details of the CDBS and its utilization rates over the years can be found in the report on the fifth review of the Dental Benefits Act 2008 (DoHA, 2023).

Before the introduction of the CDBS, the Australian Government implemented the Chronic Disease Dental Scheme (CDDS) from 2007 to 2012 and the Medicare Teen Dental Plan (MTDP) from 2008 to 2013 to improve access to dental services and address dental health inequalities. The two programs were evaluated as not effective and being poorly utilized, especially in rural and remote areas (Crocombe et al., 2015; Nguyen et al., 2019; Australian National Audit Office-ANAO, 2015; Department of Health-DoH, 2016).

Like the previous programs, the utilization rate of the CDBS was considerably lower than originally projected (DoHA, 2023), although there was a significant increase in the scope of dental services to cover basic dental needs and an increased age range of eligible children compared to the MTDP. From 2014 to 2021, the utilization rates have increased slightly (except

for 2020 due to the impact of the COVID-19 pandemic) but in general, utilization represents just over one-third of the eligible population (DoHA, 2023).

To date, several studies examined reasons why the utilization of the CDBS was lower than anticipated (e.g., Putri et al., 2019; Orr et al., 2021; Nguyen et al., 2021; Aminian et al., 2023). There is, however, little research on whether the CDBS improved the dental attendance rate among eligible children. Stormon et al. (2022) studied the impact of CDBS on dental visits by using data from both cohorts K and B from the Longitudinal Study of Australian Children (LSAC) in the Poisson models. The LSAC is an ongoing, biennial national survey that started in 2004 and consists of the birth cohort (cohort B, aged 0-1 years at wave 1) and the kindergarten cohort (cohort K, aged 4-5 years at wave 1). For more details on this dataset, refer to Section 2.

It would appear difficult to disentangle the impact of the MTDP and the CDBS on dental visits because cohort K in the survey 2014 can use either the MTDP (which was designed for eligible teenagers aged 12-17 and closed at the end of the year 2013) or the CDBS to visit dentists (with parents reporting dental visits in the last 12 months in the survey).

This study aimed to identify separately the effect of the ongoing CDBS policy on the dental attendance rate among eligible children. Panel data methods, clustered at the individual level, were used to address the potential impact of time-invariant unobservable factors and serial correlation in the dataset, which could lead to biased results in a longitudinal regression model. Comprehensive explanators of dental visit demand were also introduced in the model to mitigate the impact of omitted variable bias in the existing literature. Finally, a variety of propensity-score matching methods were conducted as robustness checks to assess the veracity of results obtained from other regression models

2. METHODS

A difference-in-differences (DiD) generalized linear regression was used to assess changes in dental visits before and after the implementation of CDBS, an approach employed in previous studies to evaluate the effect of public policy on dental care in other countries (Choi, 2011; Elani et al., 2020; Ikenwilo, 2013; Lyu et al., 2020). To account for possible serial correlations, all analyses used the robust standard errors clustered at the individual level at which treatment is independently assigned (Roth et al., 2023). Stata/MP 17.0 (Stata Corp LP 2022) was used for the analyses.

Among theoretical frameworks developed in the literature to support the studies of healthcare access, Andersen's behavioral model of health service use is the most commonly employed framework. Healthcare utilization was explained by the combination of three core factors: predisposing, enabling, and need factors which all determine health behavior (Andersen, 1995).

It is hypothesized that the CDBS improves dental visits among eligible children as it removes financial barriers and represents an enabling factor in Andersen's behavioral model. The eligibility of children to the CDBS was identified by whether parents receive the family tax benefits or the parenting payments, similar to the previous study which identified the eligible children using the LSAC data (Stormon et al., 2022; Nguyen et al., 2021).

The treatment and control groups in the DiD design are eligible and non-eligible children to the CDBS policy, respectively. The estimated equation is:

$$Y_{it} = \beta_0 + \beta_1 Post_t + \beta_2 Treat_i + \beta_3 Post_t * Treat_i + X_{it} + \varepsilon_{it}$$
 (1)

The study outcome Y_{it} is an indicator of whether the individual had a dental visit in the last 12 months. $Post_t$ is an indicator that equals 1 if the observation year is after 2014 (the implementation year of the CDBS policy) and zero otherwise. β_1 represents the aggregate effect of factors on dental visits over time other than the effects of the CDBS program. $Treat_i$ is an indicator that equals 1 if the individual is eligible for the CDBS and zero otherwise. β_2 represents the average difference between the treatment and control groups in dental visits before the introduction of the policy. The coefficient of interest is *the interaction term* (β_3) representing the effects of the CDBS policy on dental access.

Included in X are the characteristics of children, children's families, and the socioeconomic index for areas (SEIFA) which the Australian Bureau of Statistics has developed. The ancillary private health insurance variable was expected to be included in the model as it provides dental access for the insurance holders. However, the LSAC does not provide information about the ancillary cover. Nevertheless, family income is likely correlated to the probability of holding this voluntary insurance. ε denotes the error term. The indexes i, and t represent individual and time, respectively.

To conduct the robustness check for the regression-based approach, we employed a propensity score matching (PSM) method. The two methods are complementary and are most effective when used in combination (Stuart, 2010). First, the common support region was assessed by a logit regression for the probability of the treatment assignment (eligibility of the CDBS policy)

to estimate the propensity scores. In the logit model, the characteristics of the child, the child's family, and socio-economic indexes for areas (SEIFA) hypothesized to be related to both the treatment assignment (i.e., eligible to the CDBS) and the outcome of interest (i.e., dental visits) were included as the baseline characteristics (Stuart, 2010; Austin, 2007; Austin, 2011). Based on these scores, the overlap region for the probability of being treated and untreated was identified. After identifying the overlap region, the propensity scores were matched within the region of common support.

To check the validity of the matching, the covariate balance between the treated and untreated groups and the variance ratios was tested. The similarity of the baseline characteristics in the matched sample was compared by standardized mean differences (Austin, 2007). In addition, the ratio of variances of the propensity score and covariates from the treated and untreated groups should be near one if the two groups are balanced (Garrido et al., 2014). This is, indeed, the case with our results (see Tables 5-6 in the Appendix).

Data were obtained from the B cohort in the Longitudinal Study of Australian Children (LSAC). The LSAC is a nationally representative cohort survey collected biennially since 2004 and provides many aspects of children's developmental outcomes and their family, community, and society characteristics. At the baseline, the B cohort (birth cohort) was aged 0-1 years (5,107 infants). The LSAC's population weights were used to account for the complex survey design and to reflect the population level. Further information on the LSAC and the survey design is available from the LSAC's documentation and technical papers (Australian Institute of Family Studies-AIFS, 2023). Responses were collected over six consecutive surveys from the B cohort in 2008 – 2018 and the final sample has 22,985 observations.

This sample study rules out potential bias from previous dental policies (i.e., the CDDS and the MTDP) because children in the B cohort were not eligible for those policies. The CDDS, which ended in 2012 while these children were 8-9 years old, was aimed at supporting older people suffering from chronic diseases. The MTDP, which ended in 2013, did not apply to children in the B cohort, as they were 9-10 years old in 2013, while the program was designed for teenagers aged 12-17.

3. RESULTS

Table 1 presents the characteristics of the overall sample on average from 2008-2018, as well as the characteristics of the eligible and non-eligible children's samples.

Table 1. Sample characteristics over 2008-2018.

Variables	Overall Sample N = 22,985 (%, 95% CI)	Eligible Children N = 9, 672 (%, 95% CI)	Non-eligible Children N = 13, 313 (%, 95% CI)
Child characteristics			(11, 22, 11, 22)
Gender (Male)	51.2 (50.6-51.9)	52.5 (51.5-53.6)	50.2 (49.3-51.1)
Indigenous status (No)	96.6 (96.3-96.8)	94.7 (94.2-95.1)	98.0 (97.7-98.2)
Age in months (mean, 95% CI)	113.2 (112.7-113.8)	102.4 (101.6-103.2)	121.6 (120.8-122.3)
Brushing teeth at least 2 times/day	70.0 (69.3-70.6)	67.7 (66.7-68.6)	72.7 (70.9-72.5)
Ever had dental problems (No)	49.2 (48.5-49.9)	52.0 (51.0-53.1)	47.0 (46.2-47.9)
Family characteristics			
Mother's education	56.3 (55.6-57.0)	48.7 (47.6-49.7)	62.1 (61.2-63.0)
(At least bachelor's degree)			
Mother's employment (Yes)	73.2 (72.5-73.8)	57.9 (56.9-59.0)	84.9 (84.2-85.5)
Mother's health	91.1 (90.6-91.4)	88.1 (87.4-88.8)	93.3 (92.8-93.7)
(excellent/very good/good)			
Mother's smoking (No)	83.4 (82.9-83.9)	75.9 (75.0-76.8)	89.2 (88.6-90.0)
Mother speaking English at home (Yes)	85.7 (85.2-86.2)	86.1 (85.3-86.9)	85.4 (84.7-86.0)
Homeowner (Yes)	74.7 (74.1-75.3)	60.5 (59.4-61.5)	85.7 (85.0-86.3)
Biological parent co-habits (Yes)	78.7 (78.1-79.3)	66.7 (65.7-67.7)	88.0 (87.4-88.6)
Number of siblings in house (mean,	1.5 (1.5-1.5)	1.7 (1.7-1.8)	1.35 (1.33-1.37)
95%)			
Family's income			
First quartile (highest)	25.7 (25.1-26.3)	6.4 (5.9-6.9)	40.6 (39.7-41.5)
Second quartile	24.4 (23.8-25.0)	20.3 (19.5-21.2)	27.5 (26.7-28.3)
Third quartile	23.8 (23.2-24.4)	34.9 (33.9-35.9)	15.2 (14.6-15.9)
Last quartile (lowest)	26.2 (25.6-26.8)	38.4 (37.4-39.5)	16.7 (16.0-17.4)
Residential Characteristics (SEIFA)			
First quartile (Most advantaged area)	25.0 (24.4-25.5)	14.6 (13.8-15.3)	33.0 (32.1-33.8)
Second quartile	24.7 (24.1-25.0)	22.3 (21.4-23.2)	26.6 (25.8-27.4)
Third quartile	24.9 (24.4-25.5)	27.9 (27.0-28.9)	22.6 (21.9-23.3)
Last quartile (Least advantaged area)	25.4 (24.8-26.0)	35.2 (34.2-36.2)	17.8 (17.2-18.5)

(All figures were population-weighted. 95% CI means 95% confidence interval)

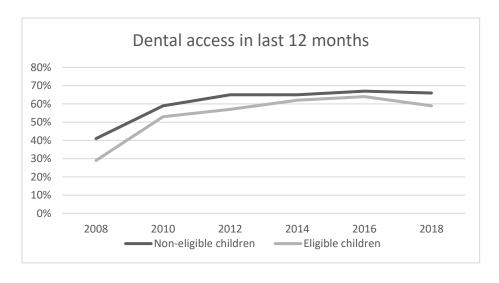
The sample included slightly more boys (51.2%) than girls. Nearly 60% of participants brushed their teeth at least 2 times per day and the majority have non-Indigenous status. The proportions of family income in the different quartiles were largely similar. Mothers obtaining at least a degree of bachelor level accounted for 56.3%, with 73.2% being employed (full-time or part-time). Most mothers spoke English at home (85.7%), reported their health as excellent/very good or good (91.1%), and did not smoke cigarettes. For the neighbourhood status, the proportions of families living in the different area-based advantages were similar.

Table 2. The proportion of dental visits in the last 12 months before and after the introduction of Child Dental Benefits Schedule.

	Observations	Eligible	Eligible	Non-	Non-eligible
Year (Age)	(individuals)	children	children	eligible	children
		(%)	visiting dentist	children	visiting dentist
			(%)	(%)	(%)
2008 (4-5)	4,386	62.0	29.4	38.0	40.6
2010 (6-7)	4,242	54.4	53.2	45.6	59.1
2012 (8-9)	4,085	47.0	57.4	53.0	65.1
2014 (10-11)	3,764	41.2	61.9	58.8	65.3
2016 (12-13)	3,381	35.5	63.5	64.5	67.1
2018 (14-15)	3,127	28.9	58.8	71.1	65.5

Table 2 reports the trends in dental visits in the last 12 months in each year for two groups (eligible vs. non-eligible). The trend of visiting dentists increases with age for both groups. First, the parallel trend assumption was assessed in dental visits between eligible and non-eligible children in the pre-reform period. As presented in Figure 1, the graphs did not show any significant divergence in the trends of dental visits between the two groups before 2014. Overall, the pre-trends were similar (In addition, a placebo implementation year was conducted, and the results supported the DiD design, see Table 1 in the Appendix).

Figure 1: Pre-trends in access to dental care in the last 12 months



(Note: Authors' illustration based on data collected from 2008 to 2018 of the LSAC survey relating to the dental visits in the last 12 months of non-eligible and eligible children).

The main results of the CDBS policy's impact on dental visits obtained in the regressions are reported in Table 3. The results showed that the CDBS policy has a statistically significant impact at the 1% level on dental visits among eligible children and the impact remained stable across different specifications.

In the model (2) adjusted for individual control variables, the estimated marginal effect (dy/dx) of the CDBS policy on dental visits is 0.064 (p-value < 0.001) meaning that there was a 6.4 percentage point increase (95% CI: 3.6%-9.3%) in dental visits after the introduction of the policy (approximately equivalent to 103 eligible individuals in the sample). A related study showed that the introduction of the CDBS increased the rate of dental attendance for the group (low-income) by 8% (95% CI: 1-15%) (Stormon et al., 2022). By estimating the impact of the CDBS on dental visits for eligible individuals, a narrower range of confidence intervals was obtained.

Sensitivity analysis was performed by using an alternative sample that excluded observations from 2014 to avoid potential pre-introduction measurement of dental visits in that year. The impact of CDBS on dental visits in this analysis was similar to the main findings (see Table 3, Appendix).

Table 3. Results of the Difference-in-Differences regressions.

	Fixed-effects pa	Fixed-effects panel data analysis		Pooled data analysis
Variable	Coeff.	Coeff.	Coeff.	Coeff.
	Model 1	Model 2	Model 3	Model 4
Post (β_l)	0.094***	-0.099***	-0.111***	-0.113***
	(0.009)	(0.013)	(0.012)	(0.013)
Treat (β_2)	-0.029**	-0.009	-0.024**	-0.024**
	(0.012)	(0.011)	(0.010)	(0.010)
DID estimate (β_3)	0.063***	0.064***	0.063***	0.061***
	(0.015)	(0.015)	(0.013)	(0.014)
Control variables	No	Yes	Yes	Yes
Observation	22,985	22,984	22,984	22,984

(**,***: statistically significant at 5% and 1% level, respectively. Robust standard errors are in the brackets. Fixed-effect panel data and pooled data regressions were weighted. All regressions were clustered at the individual level).

Possible attrition bias in a panel data analysis was expected to be adjusted by combining an attrition function in the main DID model (Semykina & Wooldridge, 2018). However, it was difficult to identify a variable in the survey that predicted the dropouts but did not directly influence the outcome of interest (dental visits). Nevertheless, the attrition rates were not high (smaller than 10%, except for the year 2016) and the presence of attrition does not necessarily generate biased estimates (Cheng & Trivedi, 2015). On the other hand, a longitudinal data setting is also useful for an analysis of policy impact (Wooldridge, 2010). Model (4) presents the result of pooled cross-sectional data over time and the marginal effect of the CDBS policy was 0.061 (p-value<0.001), very close to the estimates in the panel data analysis. Therefore, it may suggest that attrition did not appear to have a significant influence on the inference.

The findings showed statistically significant associations between dental visits and variations in the predisposing and need factors (see Appendix). Regarding the need indicator, the coefficient on dental visits of children who had dental problems was positive and statistically significant at the 1% level. Children with dental problems were approximately 30 percentage points (p-value < 0.001) (model 2) more likely to have dental visits within 12 months than children without dental problems. The finding reflects that a greater need for dental services was among the groups with dental problems. For the sensitivity test, the variable reflecting dental problems in the last two years was used in the model instead of the cumulative variable "ever had dental problems", and similar findings were obtained.

Regarding the predisposing factors, the findings demonstrated the persistence of oral health inequalities among disadvantaged groups. Children associated with greater dental care usage were those from non-Indigenous status, English-speaking backgrounds, higher household income, employed mothers, and non-smoking mothers (a proxy of health literacy). The findings suggested the significant impact of residential areas on dental attendance. For example, children living in the least advantaged area were 4.8 percentage points (p-value < 0.05) (model 2) less likely to have a dental visit than those living in the most advantaged area. Dental practices have been distributed unevenly across Australia by socioeconomically disadvantaged areas and geographic remoteness (Brennan et al., 2020).

Propensity score matching methods were employed in the dataset as a robustness check on the results obtained from the DiD generalized linear regression models. First, the common support region was identified, and observations in the unsupported region were dropped. The final sample consisted of 3,184 treated and 19,539 untreated observations (see Table 4 and Figure 1 in the Appendix).

There are several variations of matching methods. For comparison, the average treatment effects of the CDBS policy on dental visits were estimated by different matching methods, including propensity scores matching (PSM), using a caliper width 0.2 of the standard deviation, nearest-neighbor matching (NNM) and inverse probability weighting (IPW). Table 4 presents the matching results.

Table 4. Average treatment effects of the Child Dental Benefits Schedule on dental visits.

	PSM	NNM	IPW
Treatment	Coeff.	Coeff.	Coeff.
	(Robust Std. Err.)	(Robust Std. Err.)	(Robust Std. Err.)
Being eligible for	0.066***	0.067***	0.064***
CDBS (ATT)	(0.015)	(0.014)	(0.016)
All observations	22,723	22,723	22,723
Matched observations	6, 368	6, 368	-
Weighted observations	-		22, 723

(*** statistically significant level at 1%; ATT: Average treatment on the treated; 95%CI from the PSM, NNM, and IPW methods are 3.8-9.4, 4.0-9.5, and 3.3-9.4, respectively)

Table 4 shows the estimates of the policy effect remained relatively stable across these estimators and provided the same finding. All indicators suggested that there was an increase in dental visits among the treated group than the untreated group, highlighted by the significance of coefficients in all matching methods at the 1% level. The ATT was 6.4-6.7%, implying there was a 6.4-6.7 percentage point increase in dental visits due to the impact of the CDBS policy. These estimates were very close to the estimates from the regressions in Table 3.

The validity of the matching was confirmed as the balance tests showed that PSM, NNM, and IPW matching methods achieved a sufficient balance of covariates between the comparable groups. All standardized mean differences were smaller than 25%, and the variance ratios in these methods were all near one (Garrido et al., 2014; Cheng et al., 2020) (see Tables 5-6 in the Appendix).

4. DISCUSSION

This study explored the impact of the ongoing CDBS on dental attendance among eligible children. The result was statistically significant, although the practical impact appeared to be quite modest with a 6.4-6.7 percentage point increase in dental visits among eligible children due to the introduction of the CDBS. Relevant studies in other countries have also reported a similar effect size of dental programs on low-income residents (Wehby et al., 2019; Lyu et al., 2020). The small positive effects on the utilisation of the CDBS we observe highlight the fact that simply expanding access to dental services may not be enough to satisfy a policy goal of achieving greater service use by target groups.

Using rigorous statistical models, this study provides additional evidence of the factors influencing the effectiveness of the dental care policy in Australia. These aligned results may

be conceived in terms similar to those put forward in Andersen's behavioural model, particularly the impact of predisposing factors and other enabling factors, such as ethnicity, socioeconomic status, health literacy, and the healthcare environment.

To improve access to dental care and the uptake of the CDBS benefits, more effort is needed to address the barriers regarding inequalities in the social determinants of health, through collaboration with other government departments. Baum et al. (2013) noted that, in Australia, there are few instances of cross-sectoral action from the health sector that are aimed at addressing and modifying the social determinants of health that sit outside the health sector. Indeed, health policies often focus on increases in average health status rather than reducing inequities (Dahlgren and Whitehead, 2006).

Since dental caries remain the most prevalent burden-of-disease category for children aged 5-14 in Australia, the CDBS is an important initiative to support access to dental care for vulnerable children. As was observed by Nguyen et al. (2021), non-financial considerations may be important to address if greater coverage of the eligible population is a goal of national policy in this area. There are several limitations of the work reported in this paper. First, the study relied on dental visit information that was self-reported and, as such, is likely to be subject to recall bias. Additionally, using cohort data, the results might be affected by the cohort effect and may not present all age groups eligible for the CDBS. Despite its limitations, this study provides robust evidence of the impact of the policy on dental access for eligible children after four years of implementation, using a large nationally representative dataset from 2008 to 2018.

While monitoring the number of children accessing the CDBS is relevant and reliable, simply monitoring the number of children accessing the schedule is insufficient to assess its overall performance against the government's policy objectives (National Aboriginal Community Controlled Health Organisation - NACCHO, 2023; ANAO, 2015). Future studies should investigate the impact of the scheme on improving other oral health outcomes, such as the reduction in untreated dental decay, unmet dental needs, or fewer dental hospitalizations.

5. CONCLUSION

This study examined how the CDBS policy improved dental attendance among children and adolescents from low-income families, using data from the Longitudinal Study of Australian Children from 2008 to 2018. The empirical findings, by the conventional regression methods and the propensity score matching methods, identified that there was a statistically significant increase in dental service use due to the introduction of the CDBS. The estimates indicated that

the implementation of the CDBS was associated with a 6.4-6.7 percentage point increase in dental visits among eligible children

References

AIFS. (2023). LSAC data and documentation.

Retrieved from: https://growingupinaustralia.gov.au/data-and-documentation.

AIHW. (2022). Australia's children.

Retrieved from https://www.aihw.gov.au/reports/children-youth/australias-children.

Aminian, P., Kruger, E., & Tennant, M. (2023). Effects of the Child Dental Benefits Schedule on dental hospitalisation rates in Australian children. Australian Health Review, 47(3), 307-313.

ANAO. (2015). Administration of the Child Dental Benefits Schedule. Canberra: Australian National Audit Office, Commonwealth of Australia; 2015. Retrieved from: https://www.anao.gov.au/sites/default/files/ANAO_Report_2015-2016_12.pdf.

Andersen, R. M. (1995). Revisiting the behavioral model and access to medical care: does it matter? Journal of Health and Social Behavior, 1-10.

Austin, P. C. (2007). Propensity-score matching in the cardiovascular surgery literature from 2004 to 2006: a systematic review and suggestions for improvement. The Journal of thoracic and cardiovascular surgery, 134(5), 1128-1135. e1123.

Austin, P. C. (2011). An introduction to propensity score methods for reducing the effects of confounding in observational studies. Multivariate behavioral research, 46(3), 399-424.

Baum, F. E., Bégin, M., Houweling, T. A., & Taylor, S. (2009). Changes not for the fainthearted: reorienting health care systems toward health equity through action on the social determinants of health. American journal of public health, 99(11), 1967-1974.

Baum, F. E., Laris, P., Fisher, M., Newman, L., & MacDougall, C. (2013). "Never mind the logic, give me the numbers": former Australian health ministers' perspectives on the social determinants of health. Social Science & Medicine, 87, 138-146. Cheng, J., Gregorich, S., Gansky, S., Fisher-Owens, S., Kottek, A., White, J., & Mertz, E. (2020). Constructing matched groups in dental observational health disparity studies for causal effects. JDR Clinical & Translational Research, 5(1), 82-91.

Cheng, T. C., & Trivedi, P. K. (2015). Attrition bias in panel data: a sheep in wolf's clothing? A case study based on the mabel survey. Health Economics, 24(9), 1101-1117.

Choi, M. K. (2011). The impact of Medicaid insurance coverage on dental service use. Journal of Health Economics, 30(5), 1020-1031.

Crocombe, L. A., Kraatz, J., Hoang, H., Qin, D., & Godwin, D. (2015). Costly chronic diseases: a retrospective analysis of Chronic Disease Dental Scheme expenditure. Australian Health Review, 39(4), 448-452.

Dahlgren, G., & Whitehead, M. (2006). European strategies for tackling social inequities in health: Levelling up Part 2. WHO Europe, Copenhagen (2006).

DoH. (2016). Report on the Third Review of the Dental Benefits Act 2008. Retrieved from:

https://webarchive.nla.gov.au/awa/20190410011213/http://www.health.gov.au/internet/main/publishing.nsf/Content/Dental_Report_on_the_Review_of_the_Dental_Benefits_Act_2008.

DoHA. (2023). Report on the Fifth Review of the Dental Benefits Act 2008. Retrieved from: https://www.health.gov.au/sites/default/files/2023-08/report-on-the-fifth-review-of-the-dental-benefits-act-2008_0.pdf.

Elani, H. W., Sommers, B. D., & Kawachi, I. (2020). Changes In Coverage and Access to Dental Care Five Years After ACA Medicaid Expansion: Study examines changes in coverage and access to dental care five years after the ACA Medicaid expansion. Health Affairs, 39(11), 1900-1908.

G Do, L., & John Spencer, A. (2016). Oral health of Australian children: the National Child Oral Health Study 2012–14. University of Adelaide Press.

Garrido, M. M., Kelley, A. S., Paris, J., Roza, K., Meier, D. E., Morrison, R. S., & Aldridge, M. D. (2014). Methods for constructing and assessing propensity scores. Health services research, 49(5), 1701-1720.

Ikenwilo, D. (2013). A difference-in-differences analysis of the effect of free dental check-ups in Scotland. Social Science & Medicine, 83, 10-18.

Lyu, W., Shane, D. M., & Wehby, G. L. (2020). Effects of the recent Medicaid expansions on dental preventive services and treatments. Medical care, 58(8), 749.

NACCHO. (2023). Fifth Review of the Child Dental Benefits Schedule. Retrieved from:

 $\frac{https://www.naccho.org.au/app/uploads/2023/05/NACCHO-Submision-to-the-Fifth-Review-of-the-Child-Dental-Benefits-Schedule.pdf.}{}$

Nguyen, H. T., Le, H. T., & Connelly, L. B. (2021). Who's declining the "free lunch"? New evidence from the uptake of public child dental benefits. Health Economics, 30(2), 270-288.

Nguyen, T. M., Tonmukayakul, U., & Calache, H. (2019). A dental workforce strategy to make Australian public dental services more efficient. Human Resources for Health, 17(1), 1-9.

Orr, N., Gwynne, K., Sohn, W., & Skinner, J. (2021). Inequalities in the utilisation of the Child Dental Benefits Schedule between Aboriginal* and non-Aboriginal children. Australian Health Review, 45(3), 274-280.

Putri, D. E., Kruger, E., & Tennant, M. (2019). Retrospective analysis of utilisation of the Australian Child Dental Benefit Scheme. Australian Health Review, 44(2), 304-309.

Roth, J., Sant'Anna, P. H., Bilinski, A., & Poe, J. (2023). What's trending in difference-in-differences? A synthesis of the recent econometrics literature. Journal of econometrics.

Semykina, A., & Wooldridge, J. M. (2018). Binary response panel data models with sample selection and self-selection. Journal of Applied Econometrics, 33(2), 179-197.

Stormon, N., Do, L., & Sexton, C. (2022). Has the Child Dental Benefits Schedule improved access to dental care for Australian children? Health & Social Care in the Community.

Stuart, E. A. (2010). Matching methods for causal inference: A review and a look forward. Statistical Science: a review journal of the Institute of Mathematical Statistics, 25(1), 1.

Wehby, G. L., Lyu, W., & Shane, D. M. (2019). The impact of the ACA Medicaid expansions on dental visits by dental coverage generosity and dentist supply. Medical care, 57(10), 781-787.

Wooldridge, J. M. (2010). Econometric analysis of cross-section and panel data. MIT Press.

APPENDIX

Placebo test

We conducted a placebo implementation year and used the year 2012 as a placebo implementation year instead of the year 2014. Data were collected from 2008-2012. Table 1 presents the results.

Table 1. Difference-in-Differences regression of placebo test.

Variables	Fixed-effects panel analysis.	Random effects panel analysis.	Pooled data regression
	Coeff.	Coeff.	Coeff.
	(Robust Std. Err.)	(Robust Std. Err.)	(Robust Std. Err.)
DiD estimate (β_3)	0.009	0.017	0.012
, ,	(0.019)	(0.017)	(0.019)
Control variables	Yes	Yes	Yes
Observations	12, 713	12,713	12,713

(Robust standard errors are in the brackets. All regressions were clustered at the individual level.

Fixed-effect panel data and pooled data regressions were weighted.

All regression models controlled for child, family, and residential characteristics).

The results showed no significant changes in dental visits of eligible children relative to non-eligible children in the models in the DiD placebo regression, supporting our DiD design.

Full regression results for DiD models:

Table 2: Difference-in-Differences regression results

	Fixed-effects pa	nel data analysis	Random-effects panel data analysis	Pooled data analysis
Variable —	Coeff.	Coeff.	Coeff.	Coeff.
	Model 1	Model 2	Model 3	Model 4
Post (β_1)	0.094***	-0.099***	-0.111***	-0.113***
4-1)	(0.009)	(0.013)	(0.012)	(0.013)
Treat (β_2)	-0.029**	-0.009	-0.024**	-0.024**
11000 (02)	(0.012)	(0.011)	(0.010)	(0.010)
DID estimate (β_3)	0.063***	0.064***	0.063***	0.061***
= 12 commute (p.s)	(0.015)	(0.015)	(0.013)	(0.014)
Child's characteristics				
Age		0.001***	0.002***	0.002***
		(0.000)	(0.000)	(0.000)
Brushing teeth		0.006	-0.032***	-0.053***
(< 2 times/day)		(0.009)	(0.007)	(0.008)
Ever had dental		0.309***	0.268***	0.260***
problems		(0.012)	(0.008)	(0.009)
Gender (male)		` ,	-0.027***	-0.026***
•			(0.008)	(0.008)
Indigenous status (yes)			-0.084***	-0.061***
· · · · · · · · · · · · · · · · · · ·			(0.023)	(0.024)

Family's characteristics				
Biological parents		-0.037*	-0.024**	-0.013
cohabit (no)		(0.019)	(0.010)	(0.011)
Education of mother		-0.001	-0.004	0.005
(< bachelor)		(0.018)	(0.008)	(0.008)
Employment of mother		-0.003	-0.025***	-0.029***
(no)		(0.011)	(0.008)	(0.009)
Health status of mother		-0.001	-0.014	-0.007
(fair/poor)		(0.015)	(0.012)	(0.013)
Mother's smoking status		-0.013	-0.061***	-0.064***
(yes)		(0.017)	(0.010)	(0.011)
Speaking English at		-0.166***	-0.079***	-0.066***
home (no)		(0.047)	(0.012)	(0.013)
Homeowner (no)		0.022	-0.025***	-0.036***
		(0.015)	(0.009)	(0.010)
Number of siblings		0.032***	0.011***	0.008**
_		(0.005)	(0.003)	(0.003)
Family income				
(Highest: reference)				
Second quartile		0.026**	0.002	-0.003
		(0.012)	(0.009)	(0.010)
Third quartile		0.020	-0.024**	-0.032***
		(0.014)	(0.010)	(0.011)
Last quartile		0.015	-0.042***	-0.056***
		(0.015)	(0.011)	(0.012)
SEIFA				
(Most advantaged area: reference)				
Second quartile		-0.010	-0.055***	-0.059***
•		(0.016)	(0.010)	(0.010)
Third quartile		-0.042**	-0.104***	-0.117***
		(0.018)	(0.010)	(0.011)
Last quartile		-0.048**	-0.121***	-0.137***
		(0.021)	(0.011)	(0.011)
Observation	22,985	22,984	22,984	22,984

(*,**,***: statistically significant at 10%, 5% and 1% level, respectively. Robust standard errors are in the brackets. Fixed-effect panel data and pooled data regressions were weighted. All regressions were clustered at the individual level).

Sensitivity Analysis

Table 3: Sensitivity Analysis (without 2014 observations)

Variables	Fixed-effects panel analysis.	Fixed-effects panel analysis.
variables	Coeff.	Coeff.
	(Robust Std. Err.)	(Robust Std. Err.)
DiD estimate (β ₃)	0.065***	0.061***
•	(0.018)	(0.018)
Control variables	No	Yes
Observations	19,221	19,220

(***: statistically significant at 1% level. Robust standard errors are in the brackets. Regressions were weighted and clustered at the individual level).

Propensity-score matching

Table 4 presents the result of the population-weighted logit regression to assess the common support region.

Table 4. Logit model for Child Dental Benefits Schedule assignment.

Variable	Coeff. (Robust Std. Err.)
Gender (male)	0.068**(0.034)
Biological parent co-habit (no)	0.677***(0.047)
No. of children in household	0.342***(0.018)
Mother's education (< bachelor)	0.245***(0.035)
Mother's employment (no)	2.793***(0.102)
Mother working * child' age	-0.017***(0.000)
Mother's smoking (yes)	0.283***(0.049)
Mother's health (fair/poor)	0.194***(0.061)
Living in own house (no)	0.714***(0.043)
Household income (<i>Highest: reference</i>)	
Second quartile	1.419***(0.056)
Third quartile	2.311***(0.057)
Last quartile	2.006***(0.059)
SEIFA (Most advantaged area: reference)	
Second quartile	0.447***(0.051)
Third quartile	0.662***(0.051)
Last quartile	0.879***(0.051)
Observations	22,984

(*** Statistically significant level at 1%; Mother working*child's age: We used transformation of variables (interaction term) in the model to control for the effect of the child's age while achieving the balance for covariates in the matching).

After identifying the overlap region, we matched the propensity scores within the region of common support. Observations in the unsupported region were dropped and the final sample consisted of 3,184 treated and 19,539 untreated observations. The overlap region is presented in Figure 1.

Figure 1. Distribution of propensity scores of being eligible and non-eligible to the Child Dental Benefits Schedule in the region of common support.

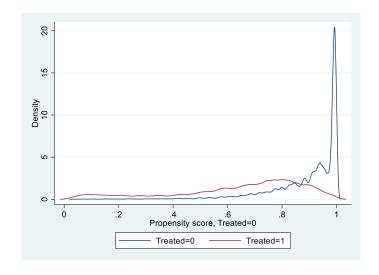


Table 5 presents the covariate balancing test in the matching methods, showing that the standardized difference of means of all covariates decreased after matching.

Table 5. Balance of baseline covariates across treatment and comparison groups before and after matching.

	Standardized mean differences (%)			
Variable		PSM	NMM	IPW
	Unmatched	Matched	Matched	Weighted
Gender (male)	6.68	3.97	1.01	-1.75
Biological parent, not co-	60.94	-1.84	0.63	2.07
habits				
No. of children in household	25.98	3.58	7.14	-0.79
Mother's employment (no)	19.42	15.41	0.81	-11.59
Mother working*child's age	45.54	11.29	6.40	-16.82
Mother's education	30.08	-0.13	1.26	-1.54
(< bachelor)				
Mother's smoking (yes)	18.50	6.37	0.85	5.89
Mother's health (fair/poor)	22.93	9.61	0.27	-0.60
Living in own house (no)	39.50	8.59	1.35	7.45
Household income				
(Highest: reference)				
Second quartile	-27.35	0.69	0.35	0.57
Third quartile	44.64	-0.89	0.57	-1.16
Last quartile	44.12	0.64	-0.64	0.48
SEIFA				
(Most advantaged area: referer	ıce)			
Second quartile	-10.68	-2.88	0.08	-2.46
Third quartile	7.53	0.49	0.21	-1.05
Last quartile	34.66	1.81	-0.45	3.11

Table 6 presents the variance ratios of the covariates between the treated and untreated groups before and after matching.

Table 6: Variance ratios before and after matching.

	Variance ratios			
Variable	•	PSM	NMM	IPW
	Unmatched	Matched	Matched	Weighted
Gender (male)	0.99	0.99	1.00	1.00
Biological parent, not co-habits	1.79	1.00	1.00	1.01
No. of children in the household	1.56	1.11	1.27	1.07
Mother's employment (no)	1.21	1.15	1.01	0.93
Mother working*child's age	2.77	1.00	1.15	0.78
Mother's education	1.04	1.00	1.00	1.00
(< bachelor)				
Mother's smoking (yes)	1.37	1.10	1.01	1.09
Mother's health (fair/poor)	1.80	1.24	1.01	0.99
Living in own house (no)	1.42	1.05	1.01	1.04
Household income				
(Highest: reference)				
Second quartile	0.67	1.01	1.01	1.01
Third quartile	1.46	1.00	1.00	1.00
Last quartile	1.45	1.00	1.00	1.00
SEIFA				
(Most advantaged area: reference	•)			
Second quartile	0.88	0.96	1.00	0.97
Third quartile	1.08	1.00	1.00	0.99
Last quartile	1.35	1.01	1.00	1.02